Radiographic Evaluation of Musculoskeletal Tumors

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> > Wittig Orthopedic Onconsy

## **Staging Studies**

- Plain Radiograph
- MRI
- CT scan
- Chest CT
- Bone Scan



#### • Evaluate:

- Rate of tumor growth
- Tumor interaction with surrounding non-neoplastic tissue
- Internal composition of tumor





- Visualize entire bone and adjacent joint
- Best test for intraosseous extent and soft tissue extent
- Identify skip metastases
- Tumor proximity to neurovascular structures
- Occasionally helpful in diagnosis of bone or soft tissue tumors (experienced radiologist)

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## MRI Signal Intensities of Various Tissues

#### Tissue:

- Hematoma
- Fat, Fatty marrow
- Muscle, nerves, Hyaline Cartilage
- Cortical bone, tendons, ligaments, fibrocartilage, scar tissue, air
- Hyaline Cartilage
- Red (Hematopoietic marrow)
- Fluid
- Tumors (General)
- Lipoma
- Hemangioma

<u>T-1 Weighted</u>
High
High
Intermediate
Low

<u>T-2 Weighted</u> High Intermediate Intermediate Low

IntermediateIntermediateLowIntermediateIntermediateHighIntermediate-to-LowHighHighIntermediateIntermediateHigh



#### CT

- Good for evaluating cortical details and destruction
- Subtle cortical erosions (endosteal;periosteal) not detectable on plain x-ray or MRI
- Subtle calcifications / ossification (Visible tumor matrix mineralization)



- The next three slides demonstrates how plain radiographs should be utilized to evaluate a bone tumor
- There are specific characteristics that should be identified on plain radiographs that aid in the differential diagnosis of a bone tumor



- Bone involved
- Is involved bone normal?
- What part of the bone?
- Open or closed growth plate
- Epicenter of lesion (cortex or medullary canal)
- Tumor contour and zone of transition between tumor and host bone



- Mineralized matrix?
- Cortical destruction?
- Periosteal reaction? What type
- Involvement of joint space?
- Tumor multifocal?
- Is tumor of uniform appearanceor does it have several different components?

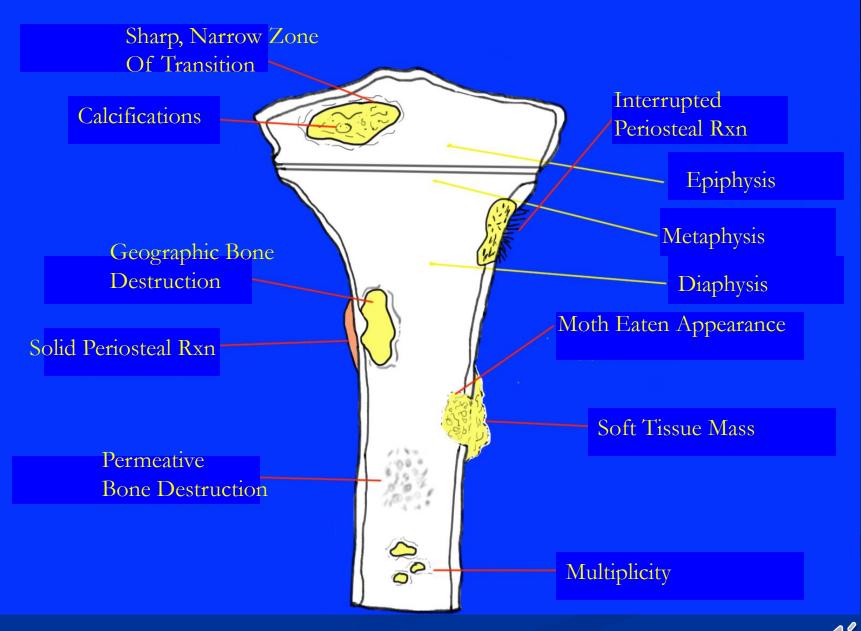


## **Radiographic Evaluation**

- Bone Involved and Position in the Bone
- Pattern of Bone Destruction
  - Geographic, Permeative, Moth Eaten
- Margin of the Lesion
- Presence of Visible Tumor Matrix (Calcification/Ossification)
- Internal Trabeculations
- Cortical Erosion, Penetration, Cortical Expansion

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- Periosteal Response
  - Continuous or Interupted

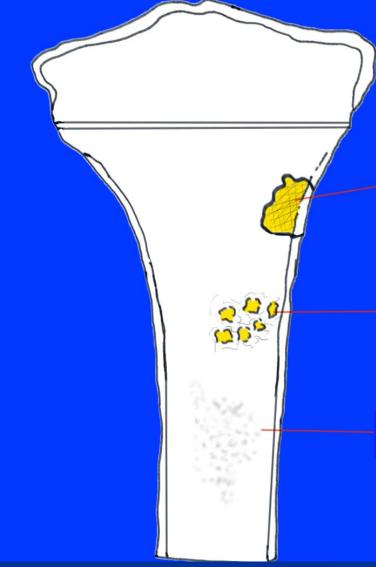


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#### **Patterns of Bone Destruction**

- Geographic
- Motheaten
- Permeative





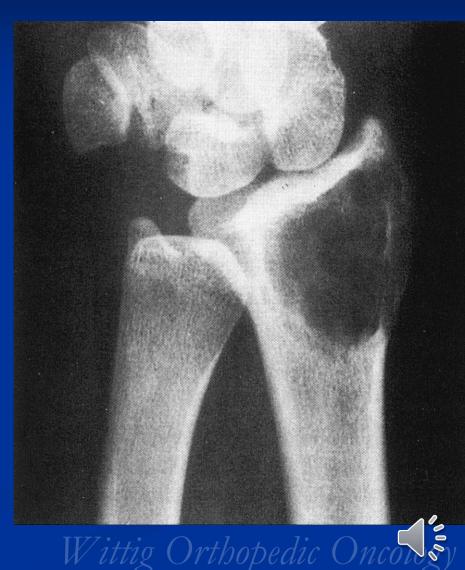
Benign Mass (Geographic Bone Destruction)

Possible Malignant Mass (Moth Eaten Pattern of Destruction)

Malignant Mass (Aggressive with Permeative Ill Defined Margins)

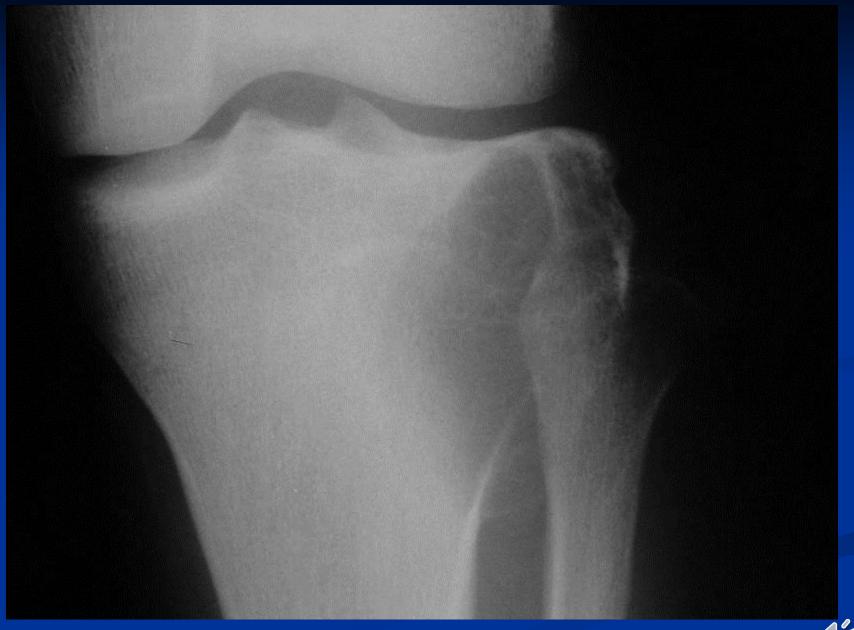
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- Least Aggressive Pattern
- Slow Growing Lesion-Usually Benign
- Clearly Demarcated Lesion
  - Clearly Delineated Borders of Lesion
- Narrow Zone of Transition between Tumor and Normal Bone
- May have Sclerotic Margin
- Thicker Sclerotic Margin is Less Aggressive
- No Surrounding Sclerosis means more Aggressive/Faster Growing
- Usually Benign; also Myeloma, Mets, Osteomyelitis (Especially Granulomatous) can be Geographic











#### Giant Cell Tumor

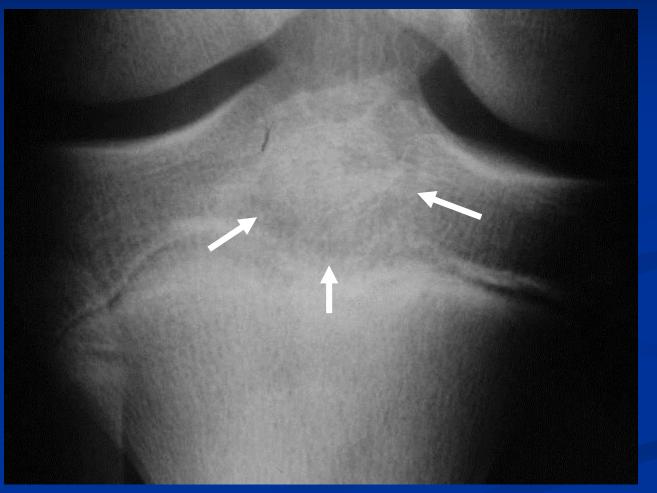


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#### Giant Cell Tumor



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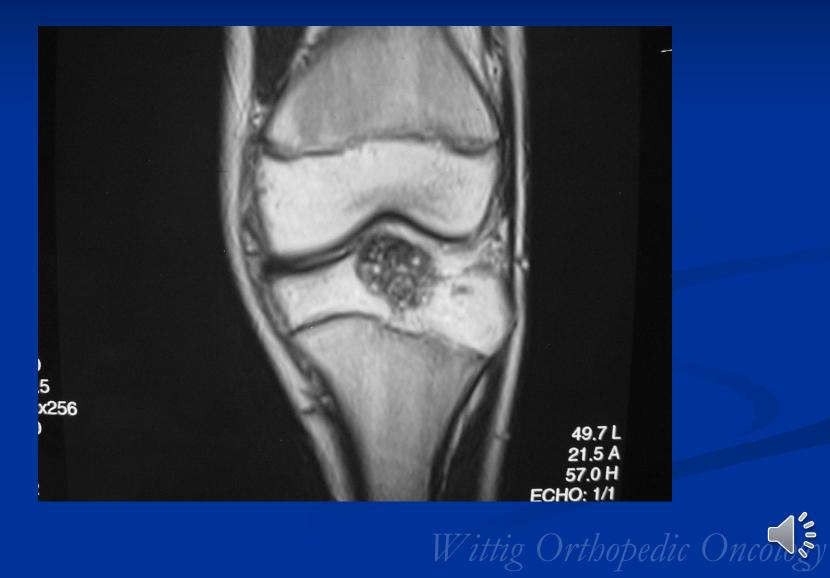


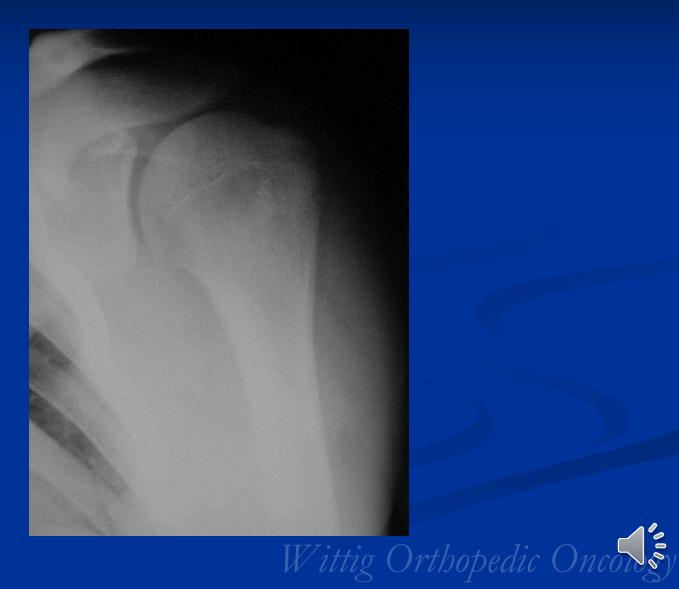


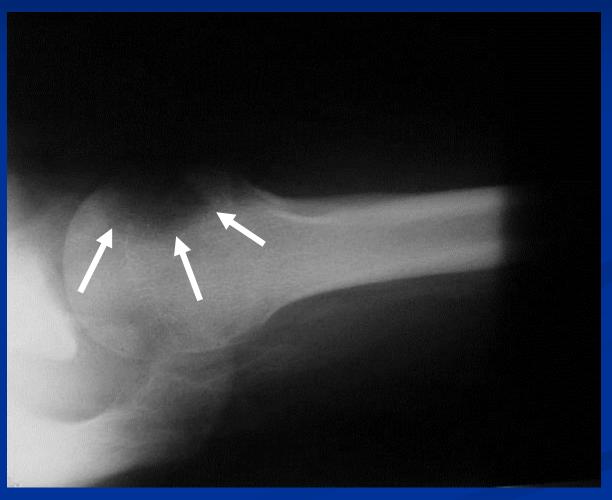




#### Chondroblastoma







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### Geographic Bone Destruction ABC- Aneurysmal Bone Cyst





#### Geographic Bone Destruction Fluid-Fluid Levels on MRI ABC



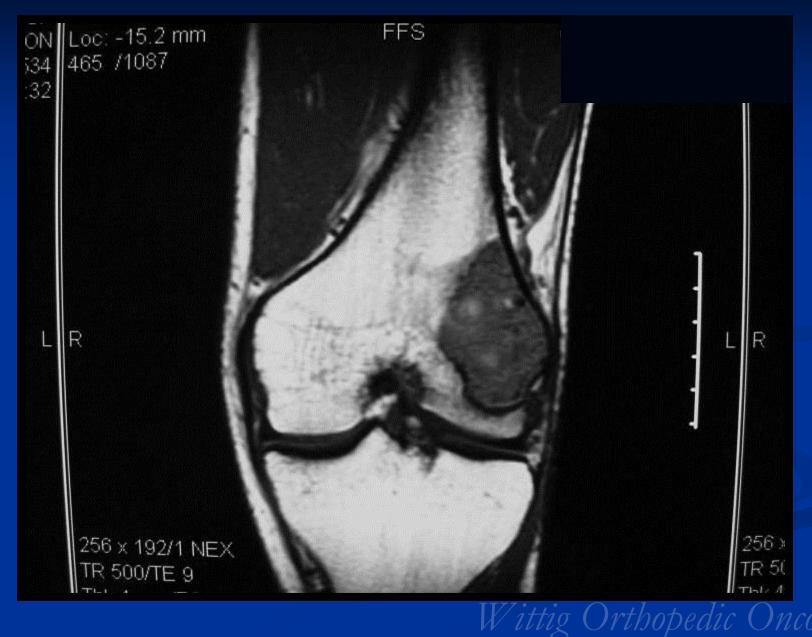
#### Geographic Bone Destruction Giant Cell Tumor



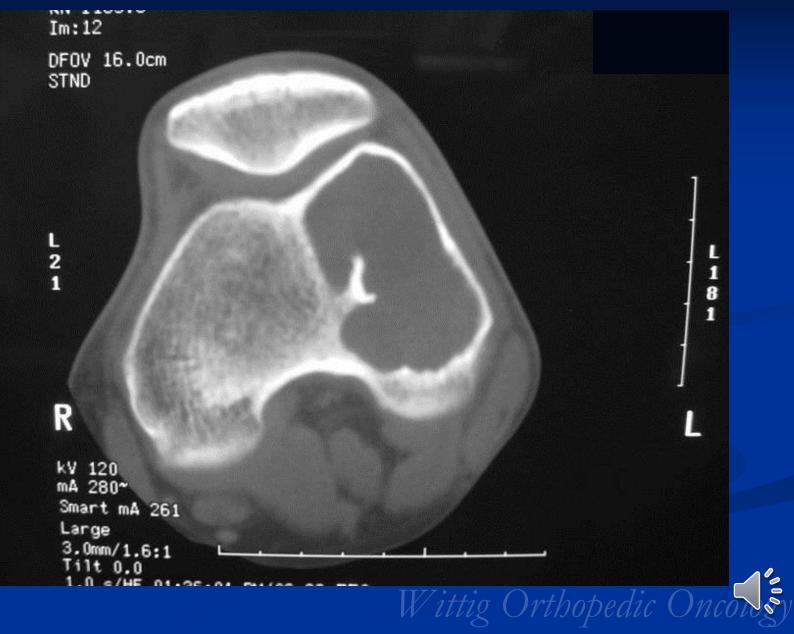






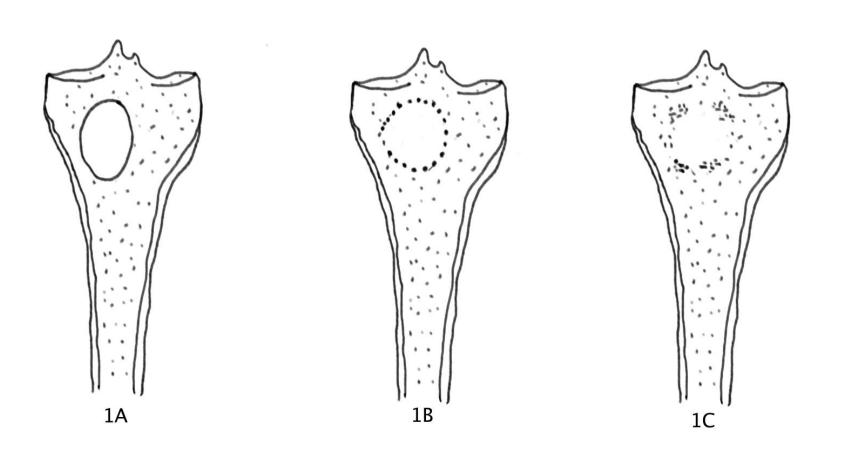




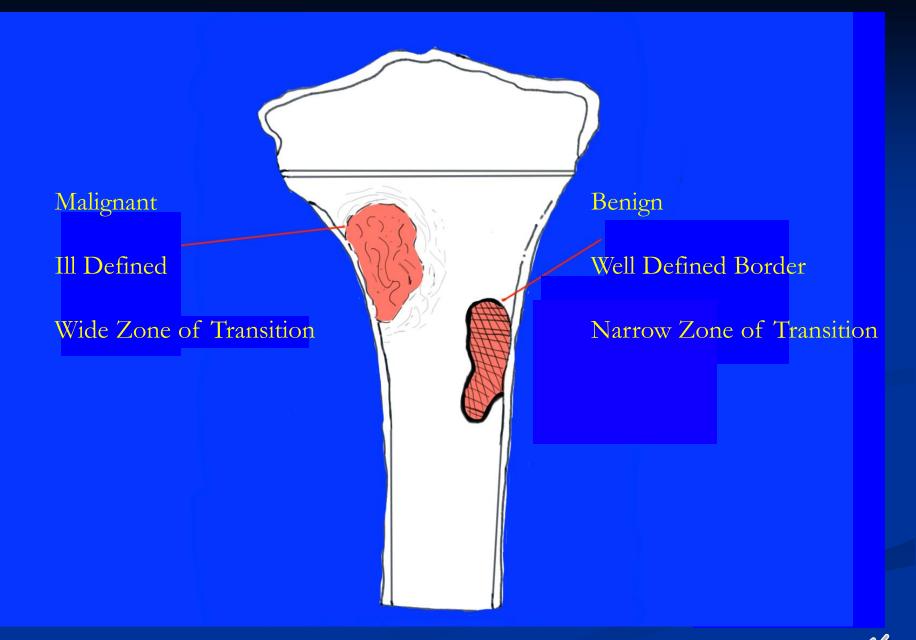


- Types of Margins Around Lesion
  - IA (Thick Complete Sclerotic Margin)
    - Indolent Lesion
  - IB (Thin and Incomplete)
    - Active Lesion
  - IC (No Sclerotic Margin)
    - Aggressive Lesion

















# **IA-Non Ossifying Fibroma**



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#### IB—Giant Cell Tumor















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#### IC









## IC—Giant Cell Tumor





# **IB/IC**





## IC





# **IC**—CT Demonstartion

C: 250.5, W:



## **Motheaten Bone Destruction**

- More Aggressive Bone Destruction
- Less Well Defined Margins
- Larger Zone of Transition From Normal to Abnormal (Tumor)
- Multiple Punched Out Holes in the Bone
- Malignant Bone Tumors, Osteomyelitis, Eosinophilic Granuloma



#### **Motheaten Bone Destruction**





## **Permeative Bone Destruction**

- Aggressive Lesion
- Rapid Growth Potential
- Poorly Demarcated and May Merge Imperceptibly with Uninvolved Bone
- Can Not Delineate Where Tumor Begins and Ends
- Tumor Not Clearly Demarcated From Normal Bone
- Malignant Bone Tumors (Ewings sarcoma;Osteosarcoma), Osteomyelitis, Osteoporosis



# Permeative Bone Destruction Lymphoma







#### Permeative--Osteosarcoma









## Permeative--Osteosarcoma





## Permeative--Lymphoma



















# Permeative—MRI Shows Extent



# Permeative Lesion Barely Perceptible on X-Ray



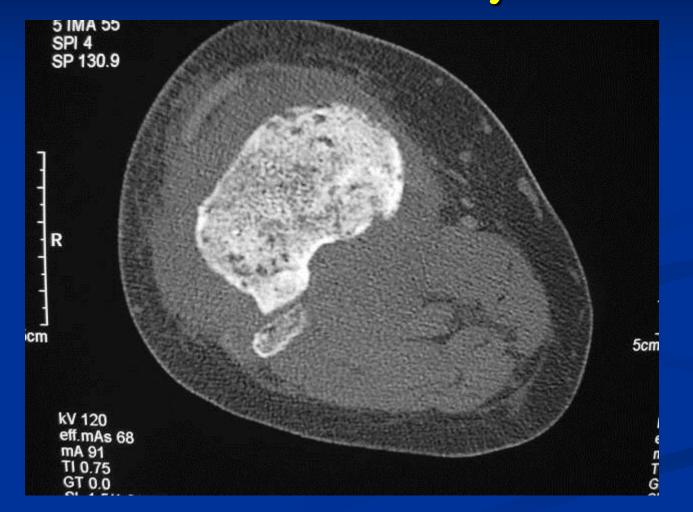


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## Permeative—MRI Demonstrates Tumor Extent Better



# Permeative—CT Example The Tumor is Not Clearly Demarcated



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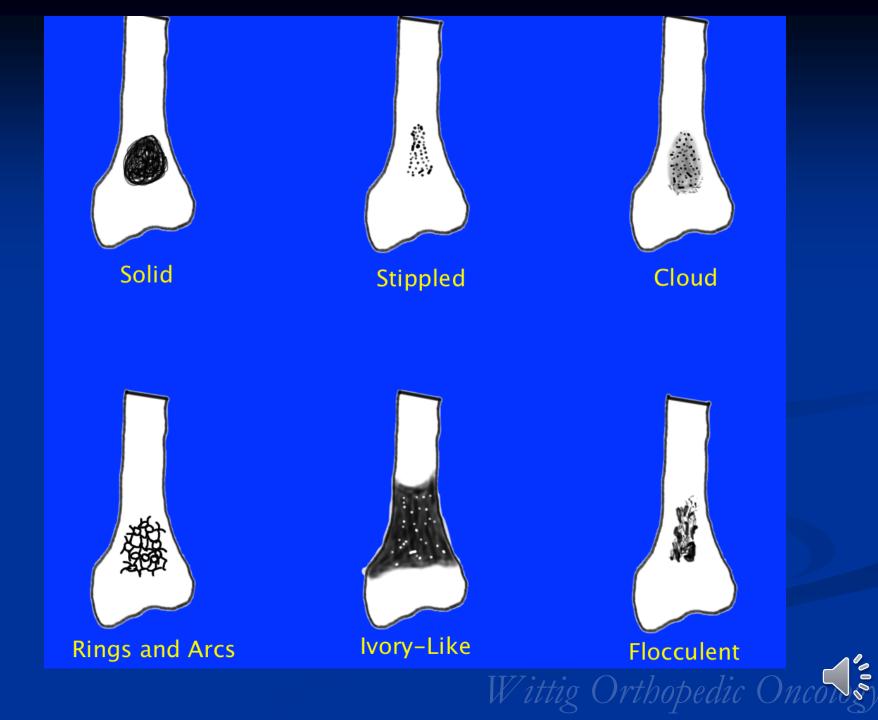


## Permeative



- Calcification
  - Stippled, Flocculent, Rings and Arcs
- Ossification
  - Solid, Cloud-Like, Ivory-Like
- Must Differentiate Mineralization from Calcification Due to Dead or Necrotic Tissue, Fracture Callus (Pathologic Fracture), Sclerotic Response of Non-Neoplastic Bone to Adjacent Tumor Deposit





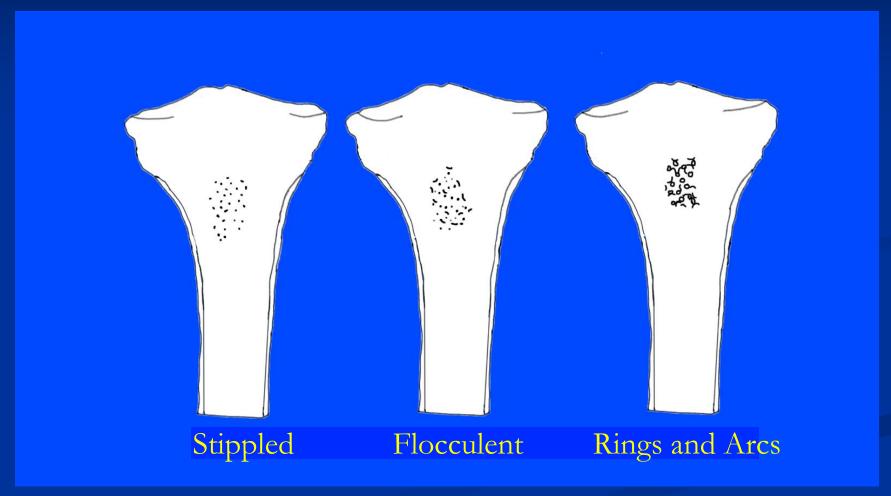
- Calcification
  - Rings, Arcs, Flocculent, Fleck-like
  - Cartilage Tumors
    - Enchondroma
    - Chondrosarcoma
    - Chondroblastoma
    - Chondromyxofibroma

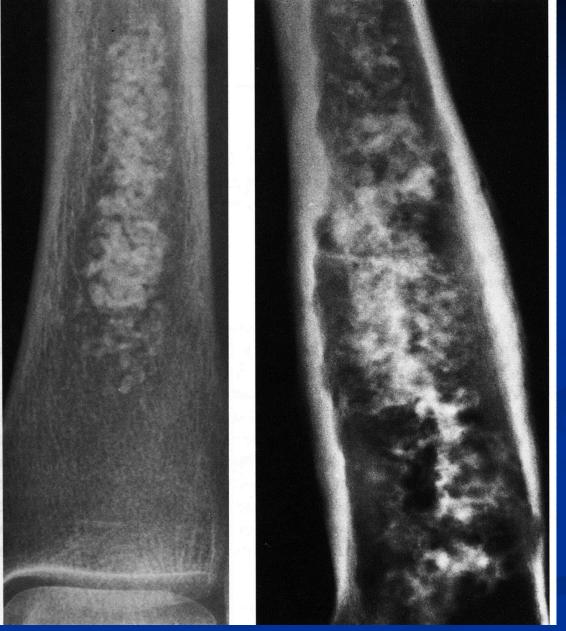


- Cartilage grows in a lobular manner or in a ball like manner
- Calcification occurs around the periphery of these lobules
- If the calcification occurs completely around the periphery (circumference) it forms a circle or a **Ring** of calcification that is detectable on the Xray
- If the calcification occurs only partially around the lobule, it forms only part of a circle or an Arc that is detectable on the Xray



# **Cartilage Matrix**





## Enchondroma or Low Grade Chondrosarcoma





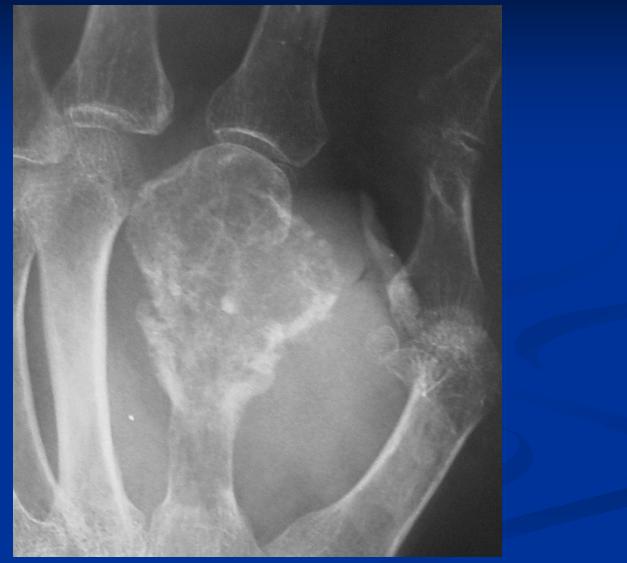
#### Enchondroma







## Chondrosarcoma







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#### Intraosseous Lipoma



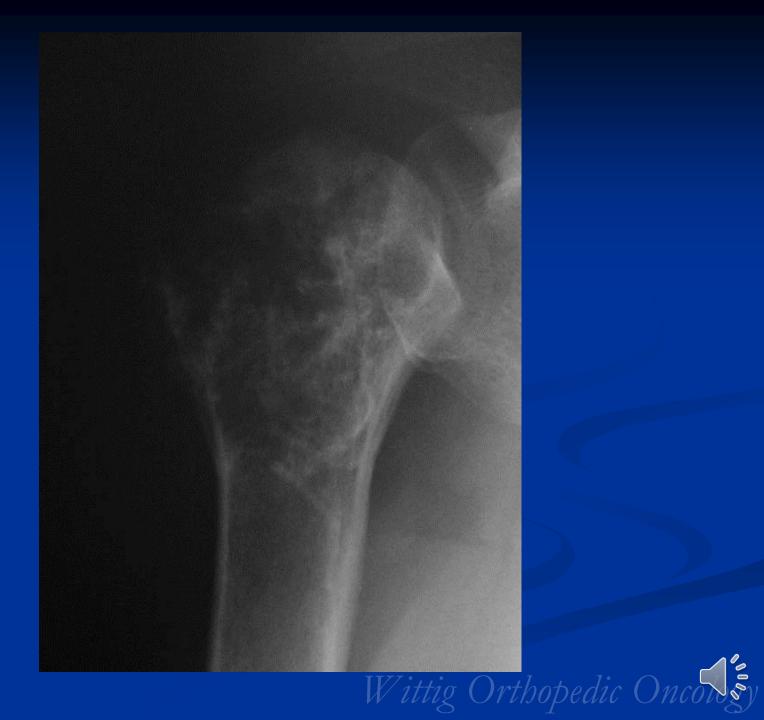




#### Chondrosarcoma



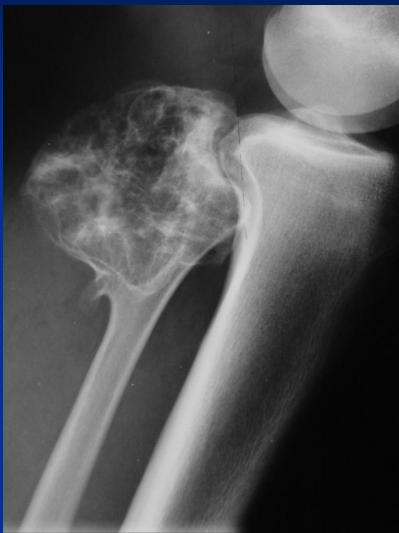




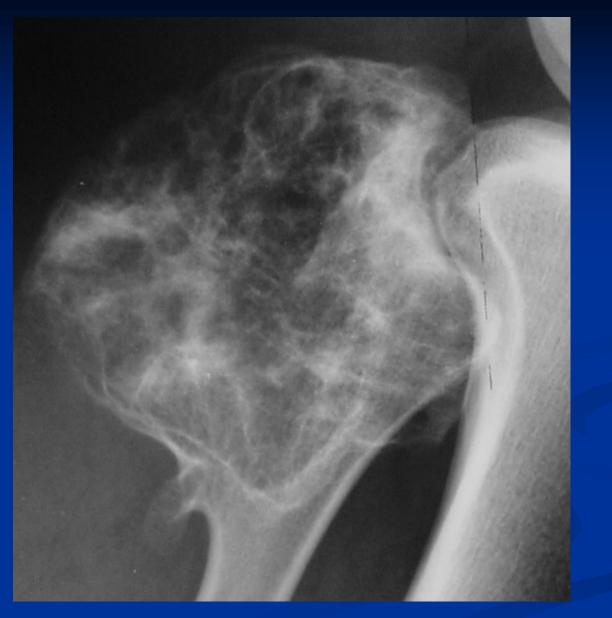




#### Osteochondroma









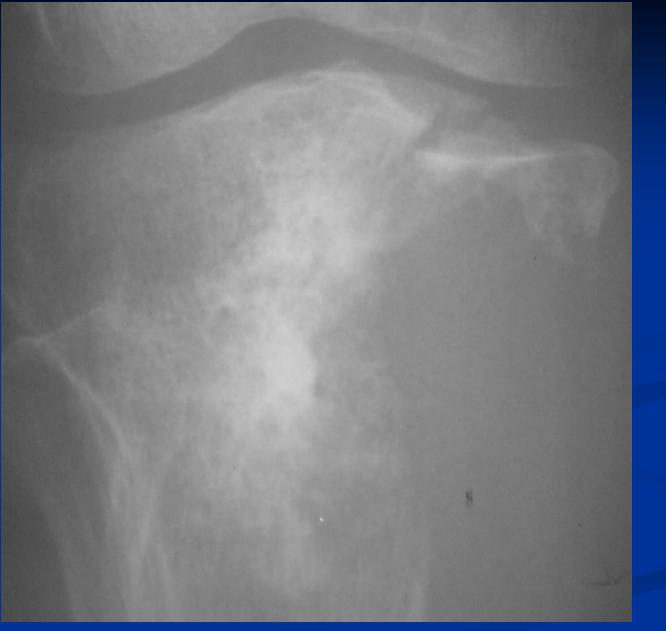






#### **Dedifferentiated Chondrosarcoma**





# **Rings and Arcs**



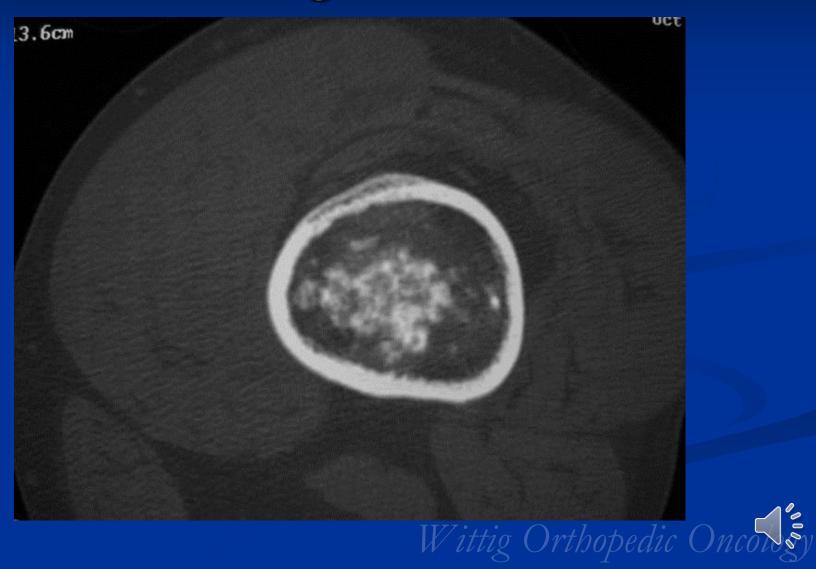








# **Rings and Arcs-Calcifications Cartilage Tumor**



- Ossification
  - Cloudlike, Fluffy, Marble-like
    - Osteosarcoma
    - Parosteal Osteosarcoma
    - Osteoblastoma
    - Osteoma









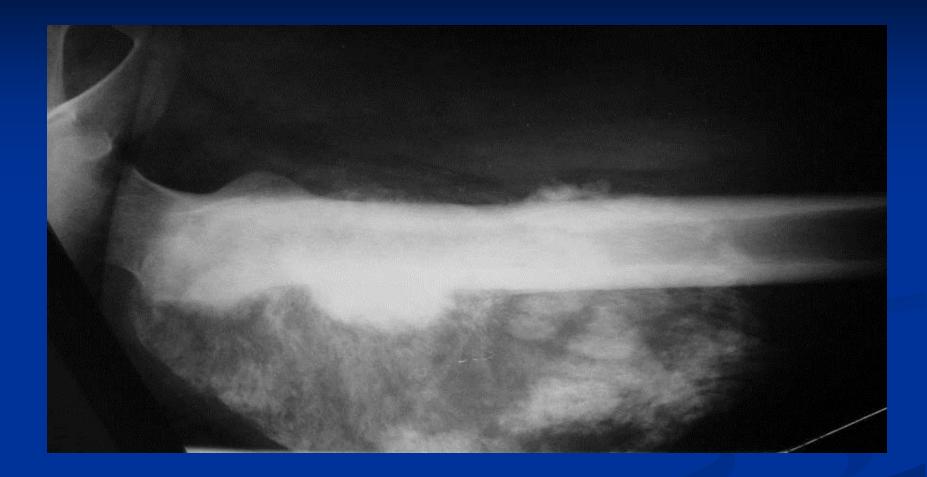


#### Osteosarcoma



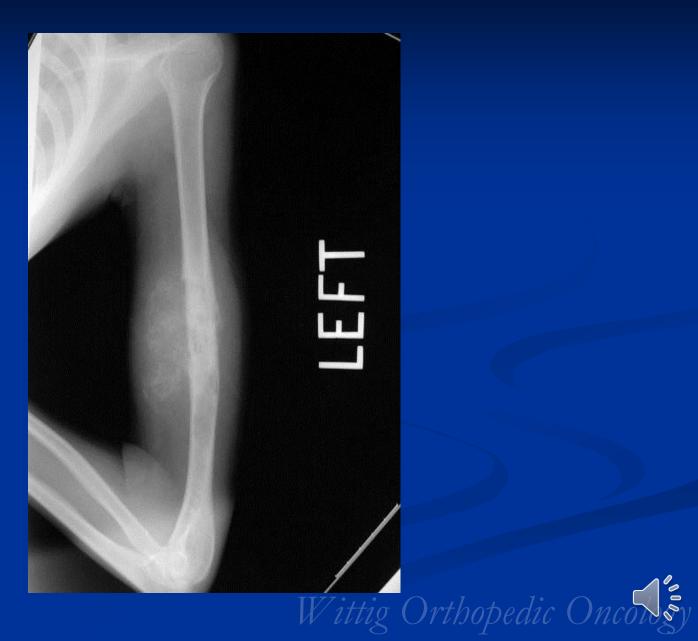


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#### Osteosarcoma

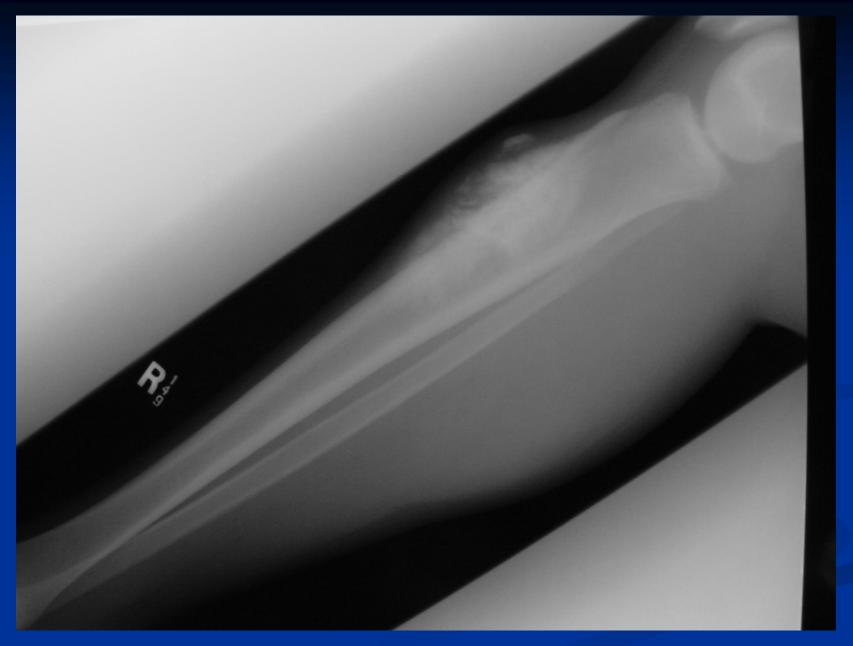




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#### **Periosteal Osteosarcoma**





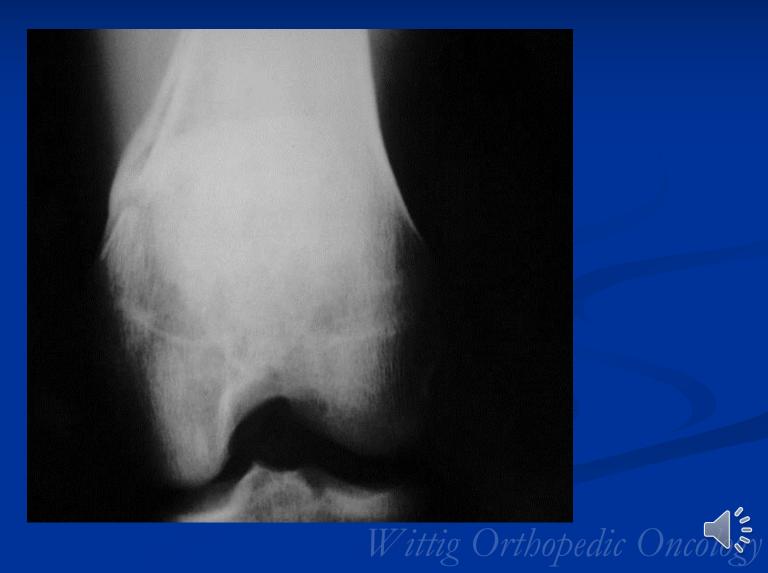


#### Periosteal Osteosarcoma CT Scan

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### Conventional Intramedullary Osteosarcoma





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## Conventional Intramedullary Osteosarcoma



### Marble-Like Ossification Osteosarcoma











### Parosteal Osteosarcoma





#### **Parosteal Osteosarcoma**



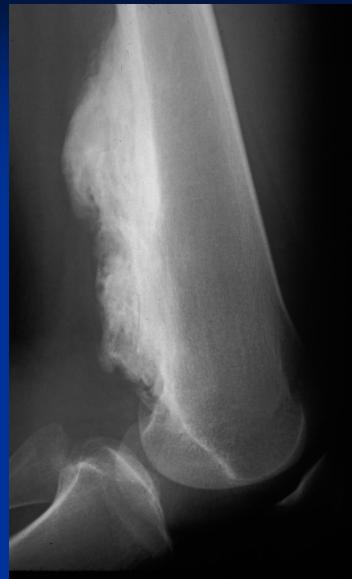


#### Parosteal Osteosarcoma CT Scan



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#### Parosteal Osteosarcoma



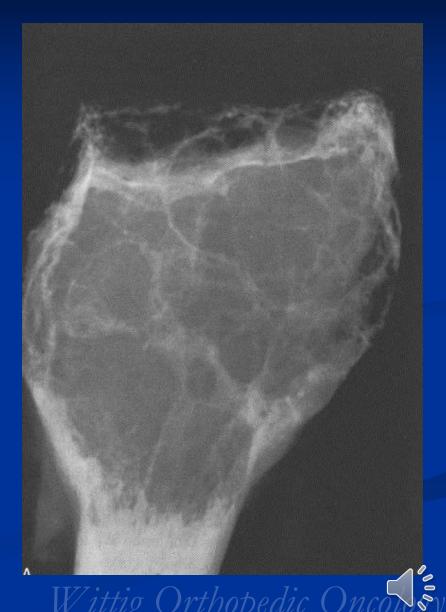


#### Parosteal Osteosarcoma CT Scan



#### **Internal Trabeculations**

- Residual Trabeculae or New Bone Formation Due to Adjacent Tumor
- Differential Diagnosis:
- Giant Cell Tumor
- Chondromyxofibroma
- Desmoplastic Fibroma
- Nonossifying Fibroma
- Aneurysmal Bone Cyst
- Hemangioma



## Giant Cell Tumor



## **Desmoplastic Fibroma**





#### Chondromyxofibroma

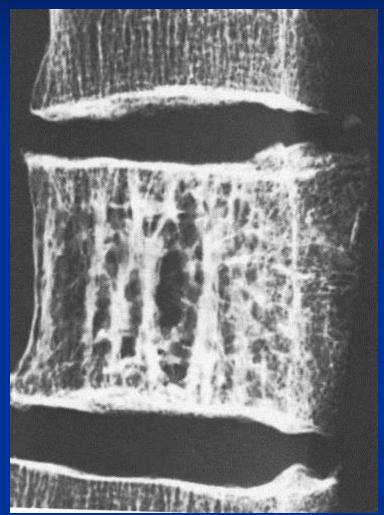




# Nonossifying Fibroma







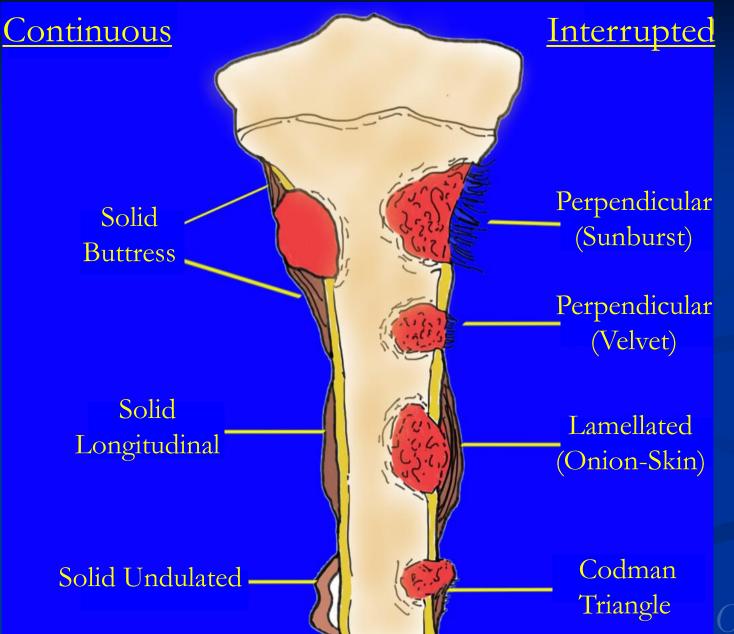








#### Periosteal Reactions



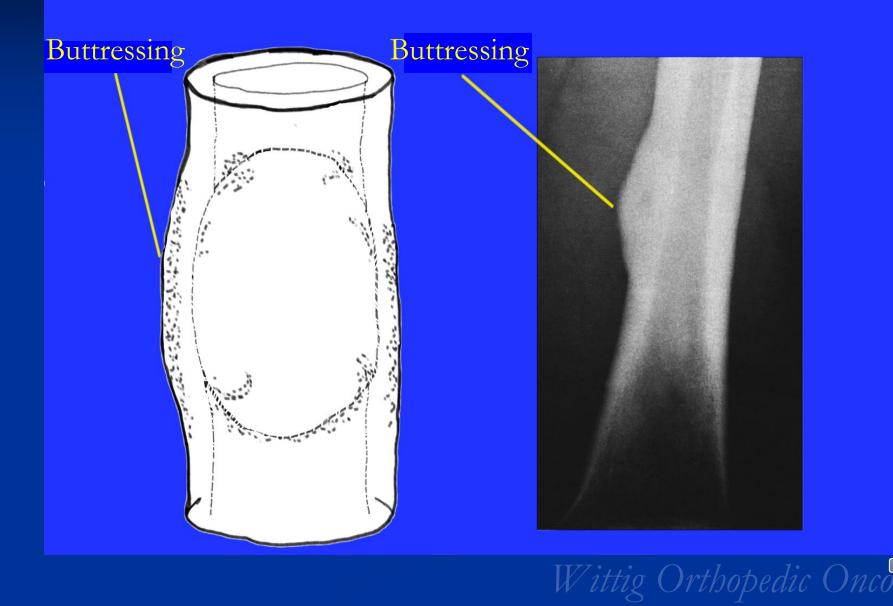


#### **Periosteal Response**

- Benign: Buttressing Pattern; Single Lamellar; Cortical Thickening; Bony Expansion
  - Endosteal Erosion Leads to Periosteal Proliferation
  - Can Be Same or Diminished Thickness Compared to Normal Cortex
  - Buttressing: Interface Between Normal and Expanded Cortex is Filled In with Bone



## Buttressing



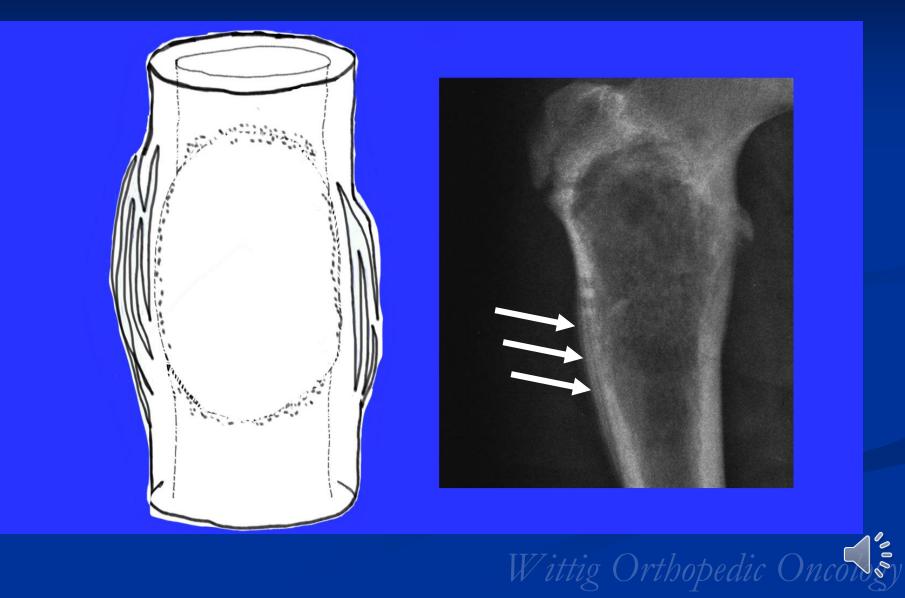
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#### **Periosteal Response**

- Malignant Tumors: Rapid Tumor Growth May Lead to Single or Multiple Concentric Layers
- Types of Malignant Periosteal Reactions:
  - Onion Skin: Multiple Concentric layers
  - Codman's Triangle: Occurs at the Periphery of a Lesion or Infective Focus
  - Sun Burst: Delicate Rays that Extend Away from the Bone (Angled with Bone)
  - Hair On End: Rays are Perpendicular to Bone



#### **Onion Skin Appearance**

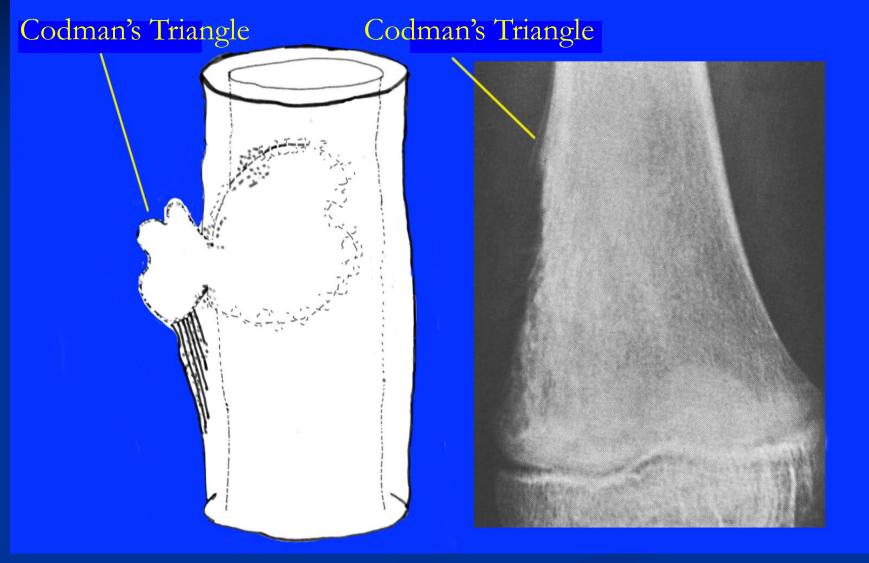


## **Onion Skin**



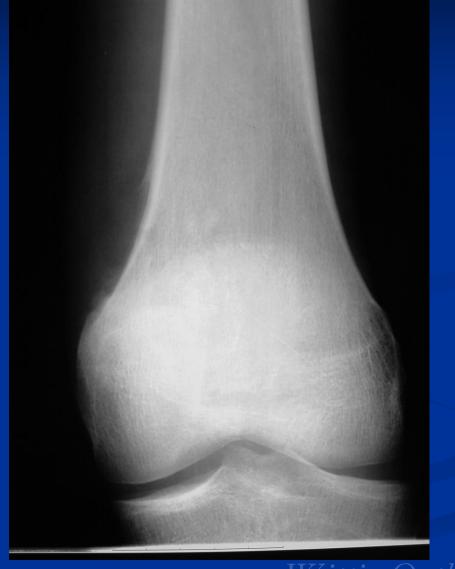


#### **Codman's Triangle**



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#### **Codman's Triangle**

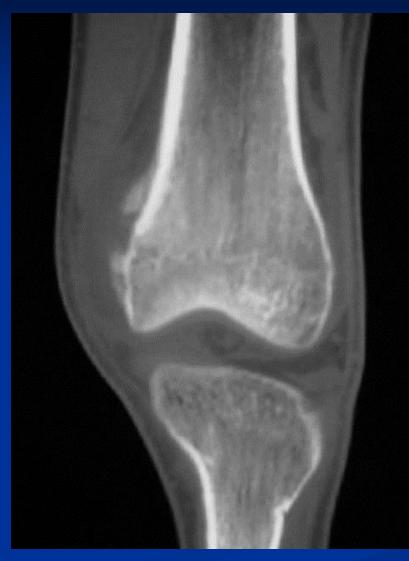


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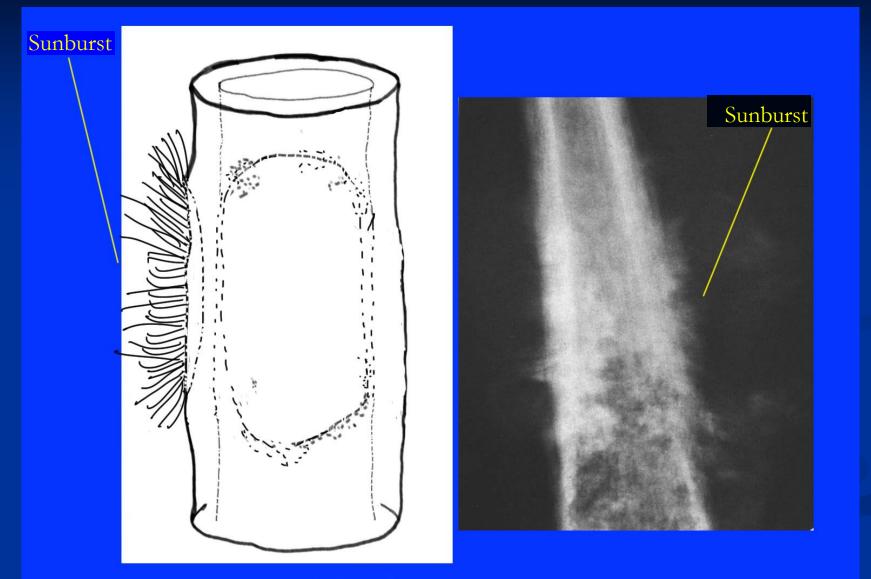


# CT Scan of Codman's triangle



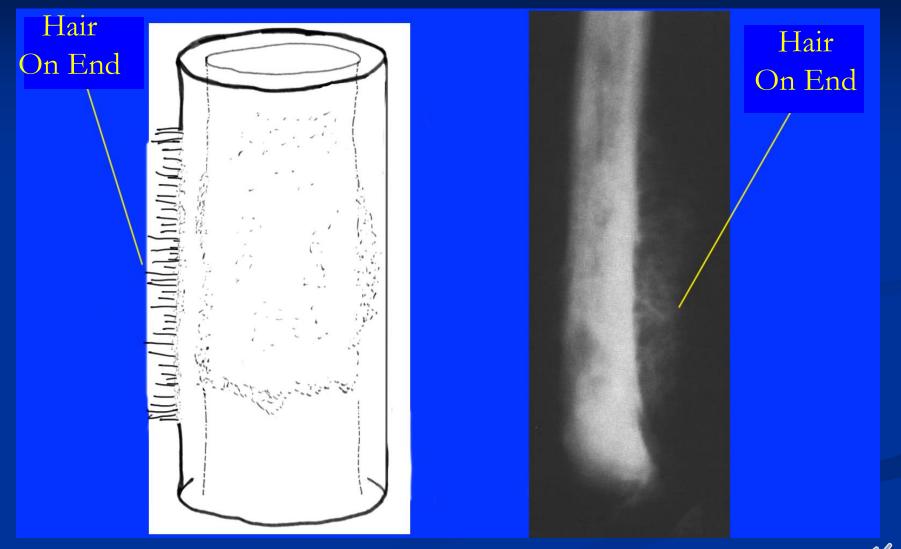


#### Sunburst Pattern

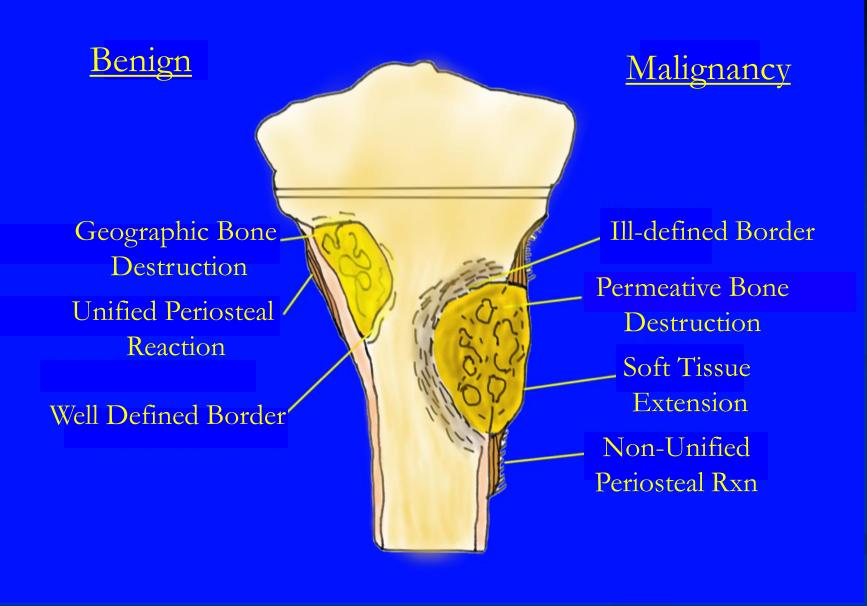




# Hair On End Periosteal Reaction









# Soft Tissue Mass

- Primary Malignant Bone Tumors
- Benign Aggressive Bone Tumors
- Mets
- Osteomyelitis

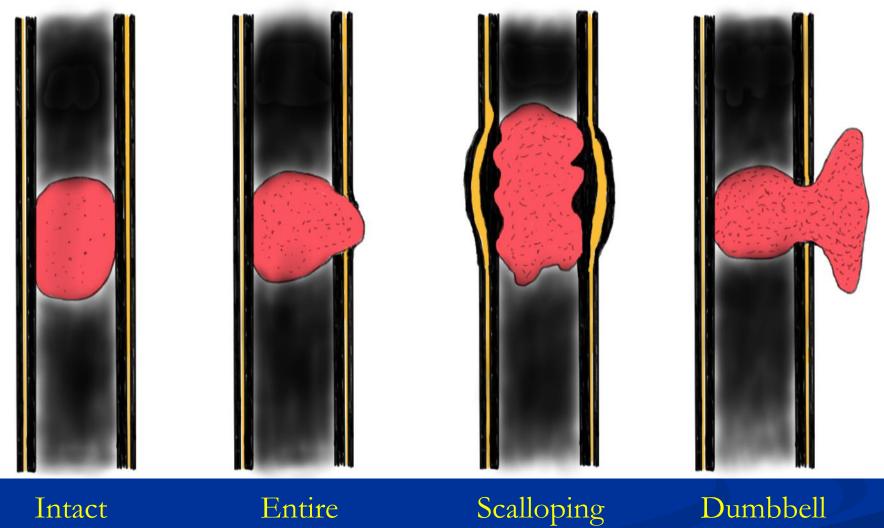


# Cortical Erosion, Expansion, Penetration

- Bone Cortex Can Be an Effective Barrier To Tumor Growth of Certain Tumors
- Certain Tumors Penetrate the Cortex Partially or Completely (Benign and Malignant)
- Progressive Endosteal Erosion that is Accompanied by a Periosteal Reaction Leads to an Expanded Bony Contour (Like an ABC)
- Aggressive lesion that Penetrates the entire Cortex or Penetrates Haversian Canals will Elevate the Periosteum and Lead to a Periosteal Reaction

# Cortical Erosion, Expansion, Penetration

• It is important to understand that both benign and malignant tumors can penetrate the cortical bone and form a soft tissue mass. The fact that there is a soft tissue mass does not automatically confer that the tumor is malignant. Certain benign tumors can also form a soft tissue mass. The periosteum usually remains intact around a benign soft tissue mass. This may only be detectable on a CT scan demonstrating an "Egg-Shell" rim of calcification around the periphery of the mass. The periosteum is usually destroyed by malignant tumors and does not remain intact around the soft tissue component of a malignant tumor. 1000



Cortex

Entire Cortex Destroyed Scalloping Cortex Dumbbell Configuration

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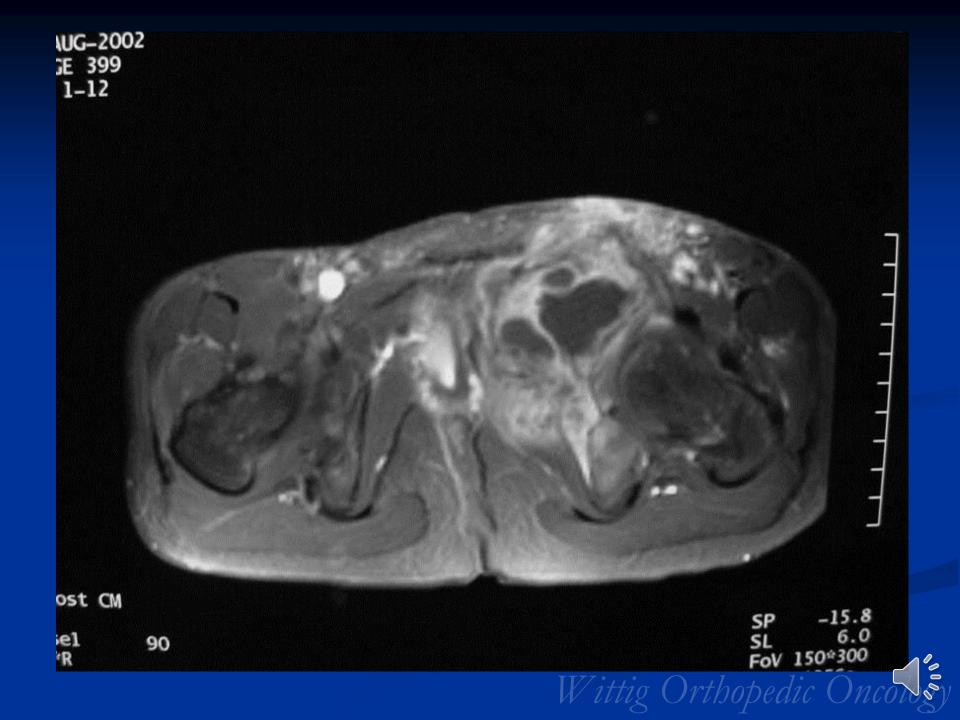
Benign: Contained Lesion By Shell of Periosteum

Malignant: Extension Through Periosteum into Soft Tissue



# **Benign Aggressive Tumor**





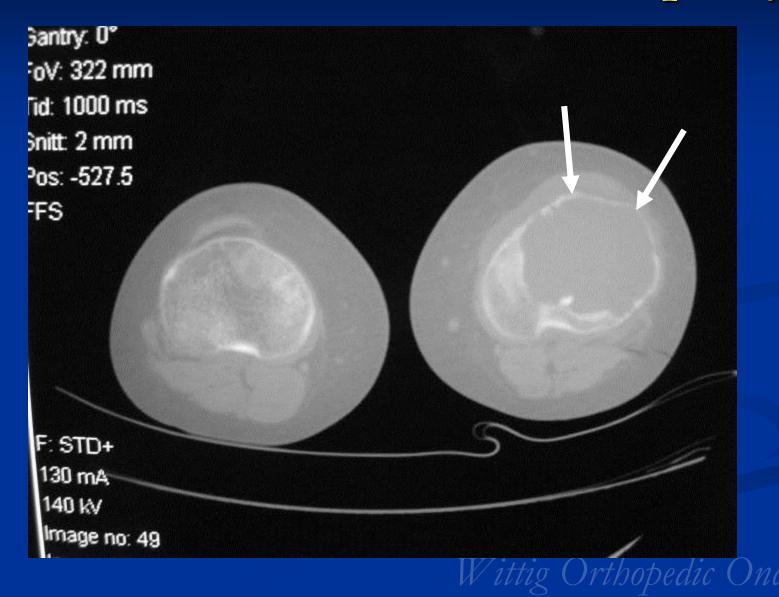
# Periosteum Intact Around Periphery of Soft Tissue Mass



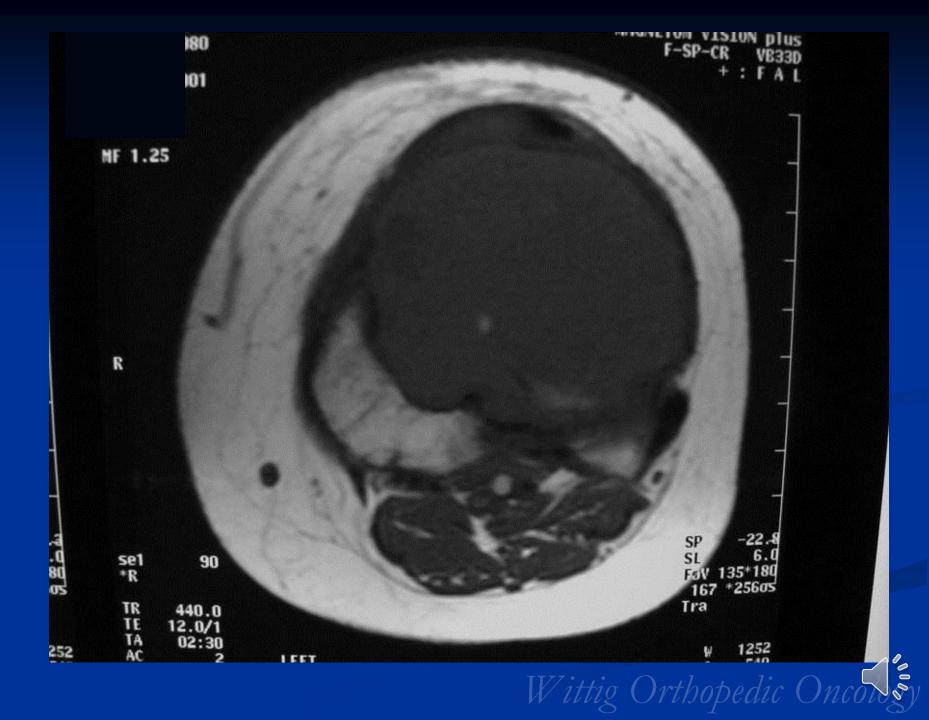
# Benign Aggressive Giant Cell Tumor



### **Periosteum Intact Around Periphery**



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# Malignant-- Osteosarcoma





# Periosteum Not Intact Around Soft Tissue Mass



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# MRI of Osteosarcoma Periosteum Not Intact Around Soft Tissue Mass

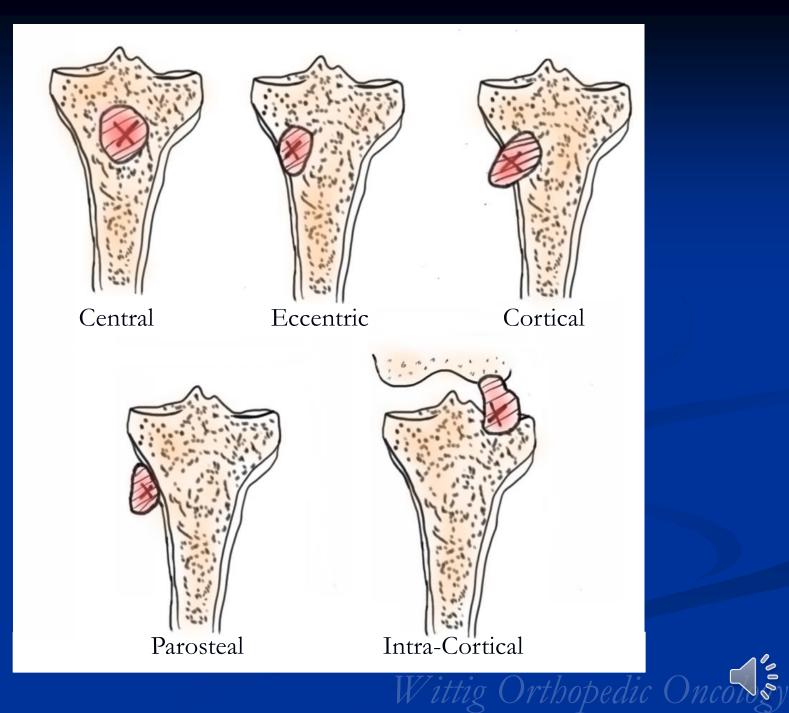


### **Distribution in Bone**

- Position in Transverse Plain
  - Central
  - Eccentric
  - Cortical
  - Juxtacortical (Periosteal/Parosteal)

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Soft Tissue Location



## **Central Axis**

- Enchondromas
- Fibrous Dysplasia
- Simple Bone Cysts



## UBC





# UBC





# Fibrous Dysplasia



# Fibrous Dysplasia



# Fibrous Dysplasia



### Enchondroma



# **Eccentric Lesions**

- Giant Cell Tumor
- Osteosarcoma
- Chondrosarcoma
- Chondromyxofibroma







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# Chondrosarcoma





# Chondromyxofibroma





## **Cortical Lesions**

- Nonossifying Fibromas
- Osteoid Osteomas



# Nonossifying Fibroma



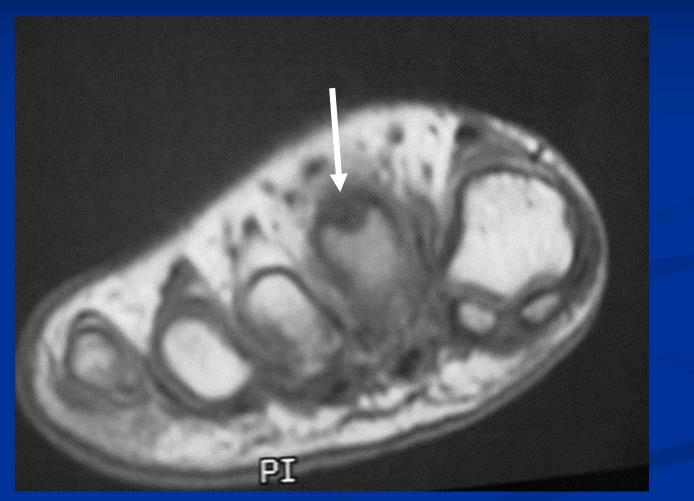
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### **Brodie's Abscess**



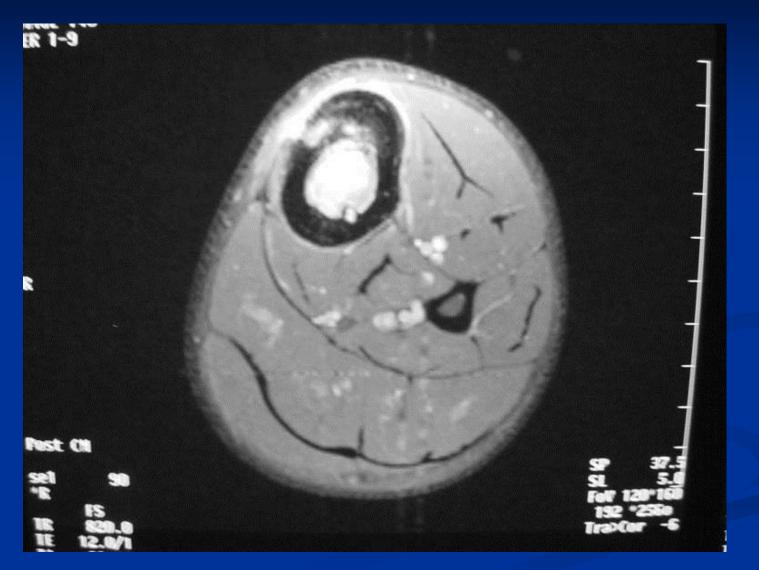


### **Brodie's Abscess**



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#### **Brodie's Abscess**



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# Juxtacortical Lesions

- Juxtacortical Chondroma
- Periosteal Osteosarcoma/Chondrosarcoma
- Parosteal Osteosarcoma



## **Periosteal Chondroma**





### **Periosteal Chondrosarcoma**



## **Periosteal Osteosarcoma**





#### **Periosteal Osteosarcoma**

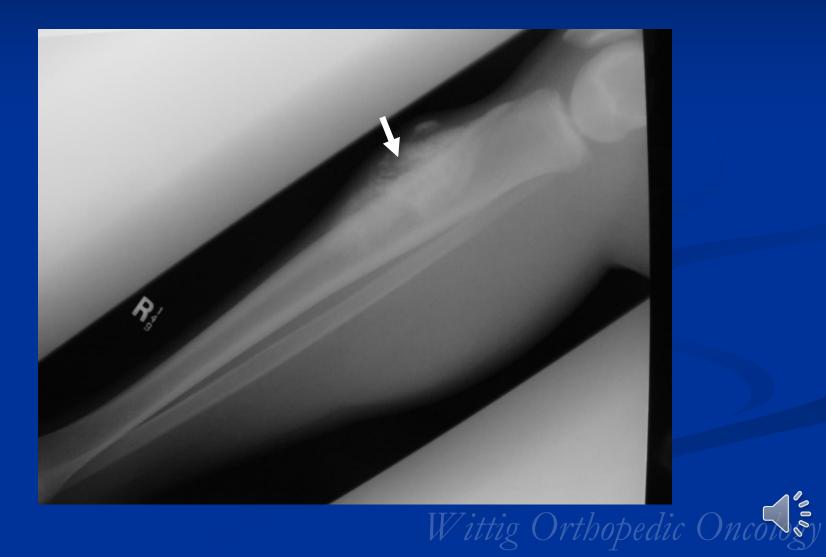




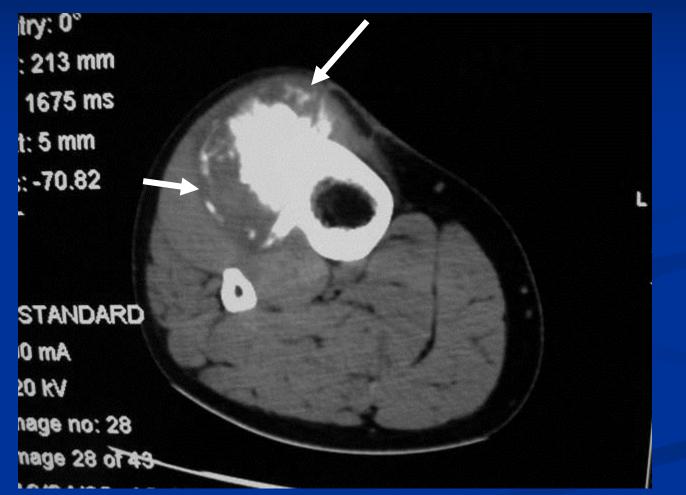
## Periosteal/High Grade Surface Osteosarcoma



## Periosteal/HGS Osteosarc

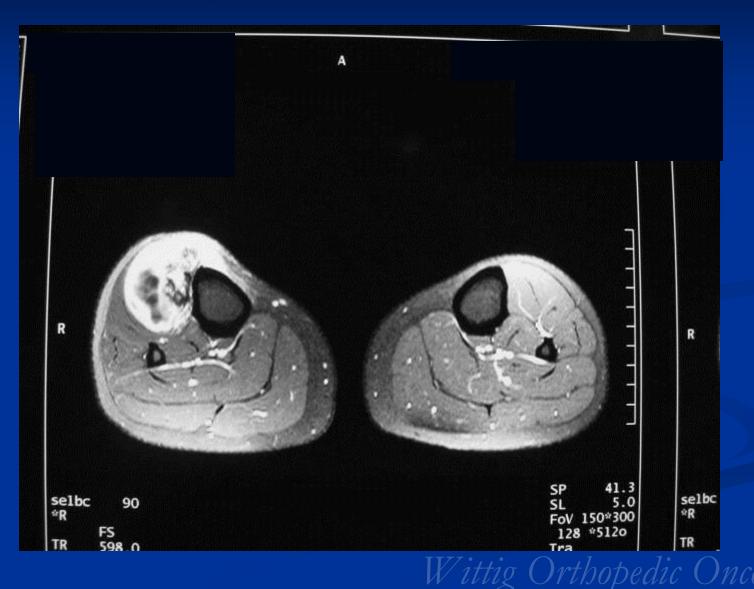


## Periosteal/HGS Osteosarc





## Periosteal/HGS Osteosarcoma



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## Parosteal Osteosarcoma

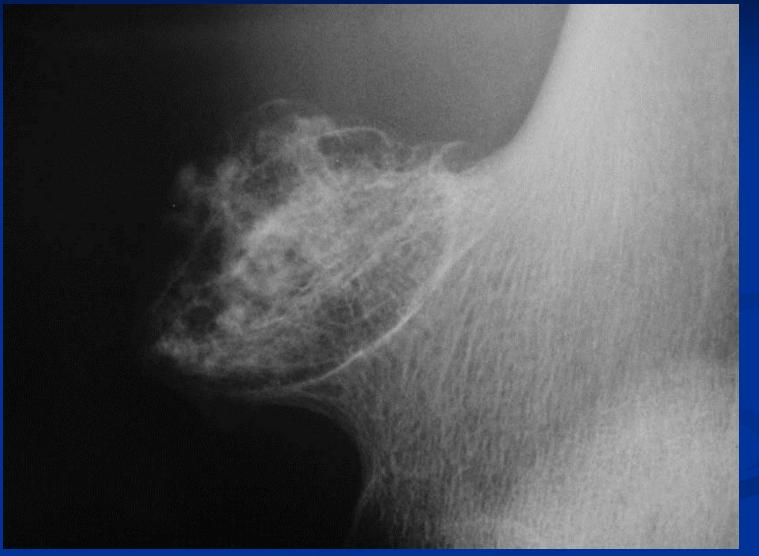




#### Parosteal Osteosarcoma



### Osteochondroma





## Osteochondroma Cortico-Medullary Continuity



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#### **Surface Osteoma**



## **Myositis Ossificans**



## Myositis Ossificans Zonal Phenomenon—Central Lucency



# Melorrheostosis "Candle Wax Drippings"



## Position of Lesion in Longitudinal Plane

- Epiphysis
- Metaphysis
- Diaphysis



# **Epiphyseal Lesions**

- Adults:
  - Clear Cell Chondrosarcoma
  - Metastasis, Myeloma, Lymphoma
  - Lipoma
  - Intraosseous Ganglion



# **Epiphyseal Lesions**

### • Children:

- Chondroblastoma
- Osteomyelitis
- Osteoid Osteoma
- Enchondroma
- Eosinophilic Granuloma



## **Metaphyseal Lesions**

- GCT (extends to epiphysis)
- Nonossifying Fibroma
- Chondromyxoid Fibroma
- Simple Bone Cyst (Unicameral Bone Cyst)
- Osteochondroma
- Brodie's Abscess
- Osteosarcoma
- Chondrosarcoma
- MFH/Fibrosarcoma



# **Diaphyseal Lesions**

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- Ewing's Sarcoma
- Nonossifying fibroma
- Simple Bone Cysts
- Aneurysmal Bone Cysts
- Enchondromas
- Osteoblastomas
- Fibrous Dysplasia
- Adamantinoma
- Osteofibrous Dysplasia

# Epiphyseal Equivalent Areas

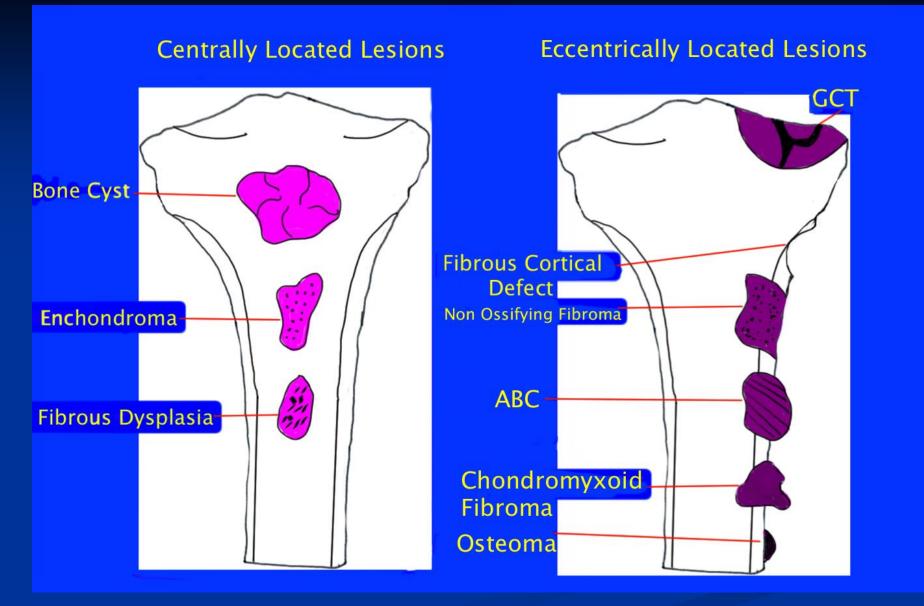
- Subchondral Regions of Acetabulum and Scapula
- Tarsal Bones
- Calcaneus, Talus



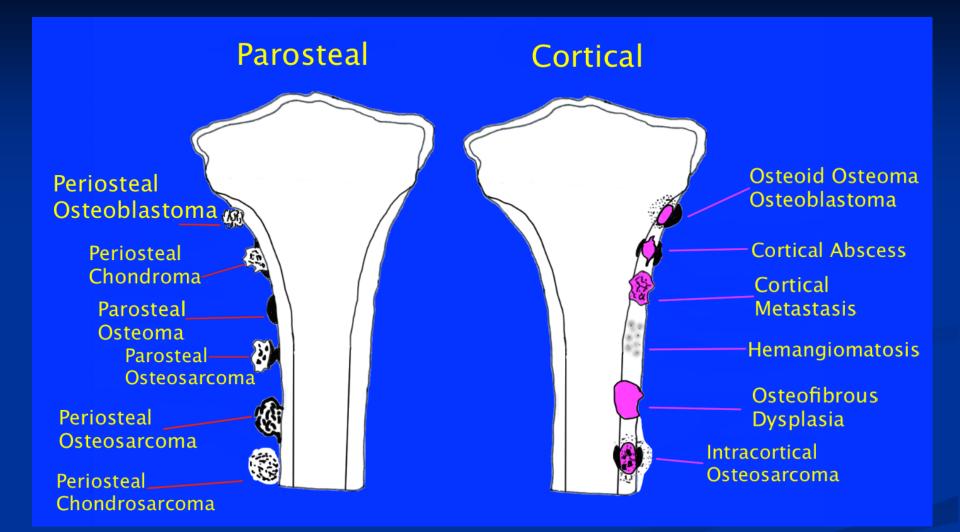
### **Growth Plate**

- Tumors Usually Do Not Cross Growth Plate
- Think Infection

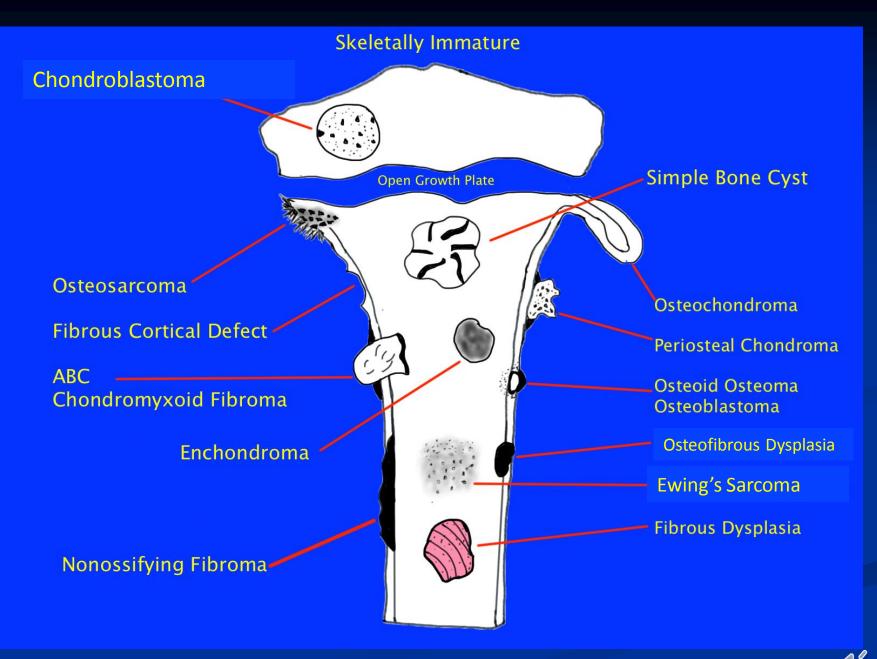




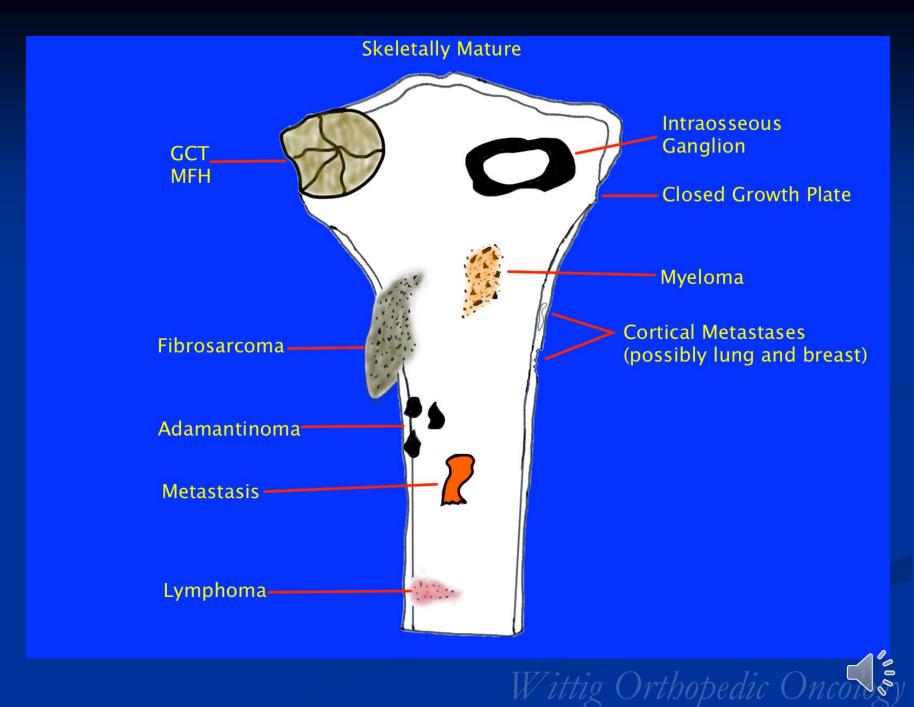








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## Common Spine Tumors with Their Location

Malignant - Anterior	<b>Benign - Posterior</b>	
Lymphoma	Osteoblastoma	
Hodgkin	Osteoid Osteoma	
Myeloma	ABC	
Ewing	Osteochondroma	
Osteosarcoma	Chondromyxoid Fibroma	
Chondrosarcoma		
Metastasis		
Exceptions:		
Hemangioma		
Langerhans-cell Granuloma		
Fibrous Dysplasia		



- Heamatopoietic Marrow—predilection for sites with red marrow; rich sinusoidal vasculature
- Axial and Appendicular Skeleton in Children

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- Axial Skeleton in Adults
  - Metastatic Disease
  - Myeloma
  - Ewing's Sarcoma
  - Histiocytic Lymphoma

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- Areas of Rapid Growth
- Primary Bone Tumors
  - Distal Femur
  - Proximal Tibia
  - Proximal Humerus

#### Vertebrae (Adults)

- Skeletal Mets
- Myeloma
- Hemangioma
- Lymphoma
- Osteomyelitis
- Vertebrae (Children)
  - Eosinophilic Granuloma
  - ABC
  - Osteoblastoma
  - Osteoid Osteoma
  - Lymphoma
  - Leukemia
  - Osteomyelitis

Malignant - Anterior	<b>Benign - Posterior</b>		
Lymphoma	Osteoblastoma		
Hodgkin	Osteoid Osteoma		
Myeloma	ABC		
Ewing	Osteochondroma		
Osteosarcoma	Chondromyxoid Fibroma		
Chondrosarcoma			
Metastasis			
Exceptions:			
Hemangioma			
Langerhans-cell Granuloma			
Fibrous Dysplasia			



#### • Sacrum

- Chordoma
- Myeloma/Plasmacytoma
- Giant Cell Tumor
- Mets
- Simple Cysts
- Neurogenic Tumors /Schwannoma



#### • Ribs

- Mets
- Fibrous Dysplasia
- Enchondroma



- Metacarpals and Phalanges
  - Giant Cell Tumor
  - Giant Cell Reparative Granuloma
  - Sarcoidosis
  - ABC
  - Fibrous Dysplasia
  - Enchondroma



#### Terminal Phalanges

- Inclusion Cyst
- Glomus Tumor
- Mets (Lung)



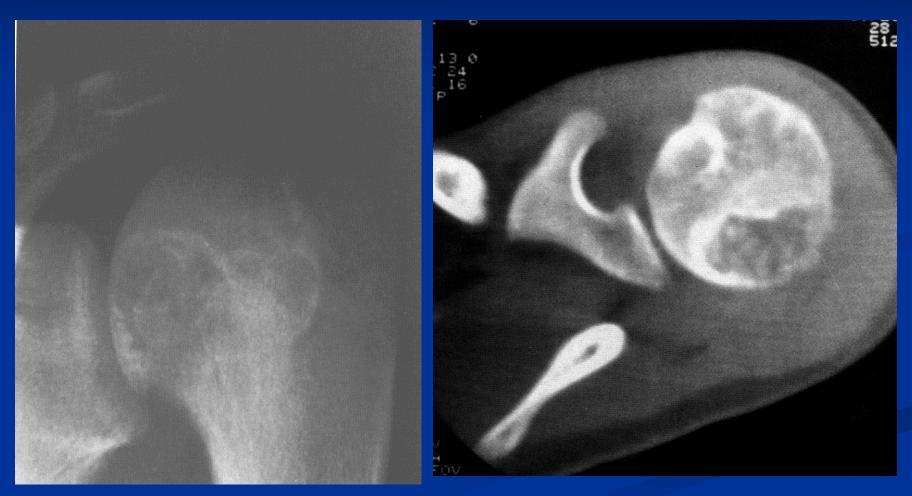
# Tumors with Predilection for Certain Sites

Lesion	Bone	Site	Location
Osteoid Osteoma	Femur Tibia	Neck of Femur	Cortically
Chondroblastoma	Tibia	Epiphysis	Eccentric
Chordoma	Clivus C-2 Sacrum	Posterior Aspect, Distal End	Central
Parosteal Osteosarcoma	Femur	Posterior Aspect, Distal End	Juxtacortically
Osteofibrous Dysplasia	Tibia	Anterior Aspect	Cortically
Adamantinoma	Tibia	Anterior Aspect	Cortically
Giant Cell Tumor	Femur Tibia Radius	Articular End	Eccentric
ABC	Tibia Humerus	Metaphysis	Eccentric
Simple Bone Cyst	Humerus Femur	Metaphysis	Central
Chondromyxoid Fibroma	Tibia	Metaphysis	Eccentric

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### **Unknown Examples**



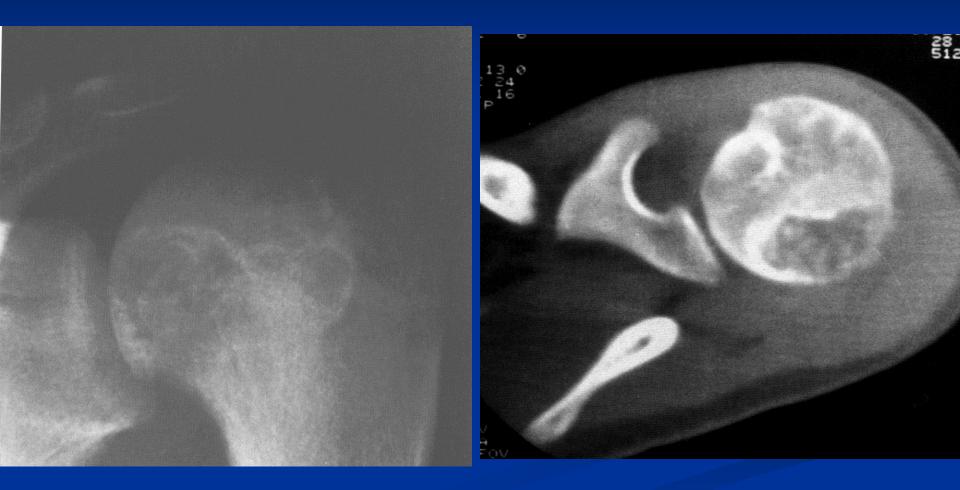




- Epiphyseal Lesion with Geographic Pattern of Bone Destruction (Probably Benign)
- Eccentric
- Internal Mineralization/Calcifications (indicates most likely cartlaginous nature)
- Sclerotic IA/IB Margin



#### Chondroblastoma







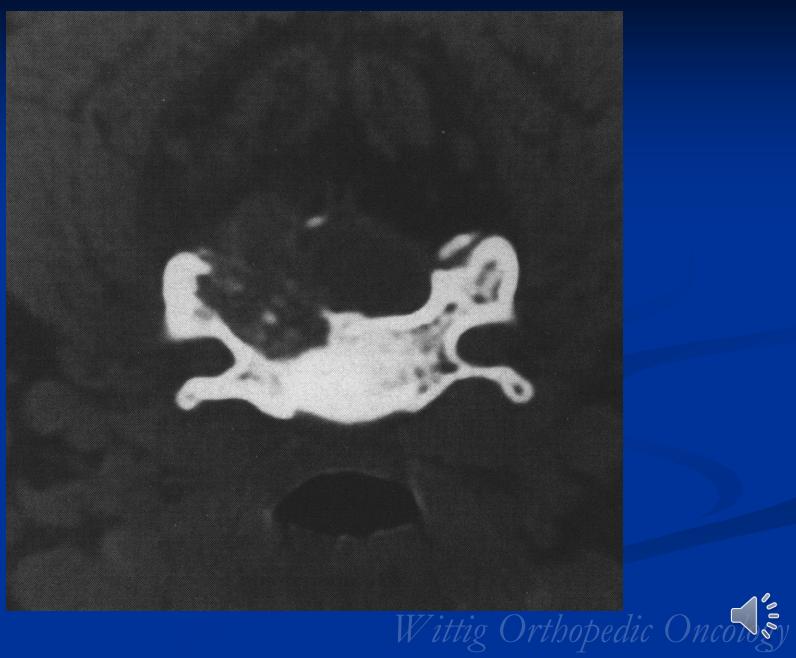


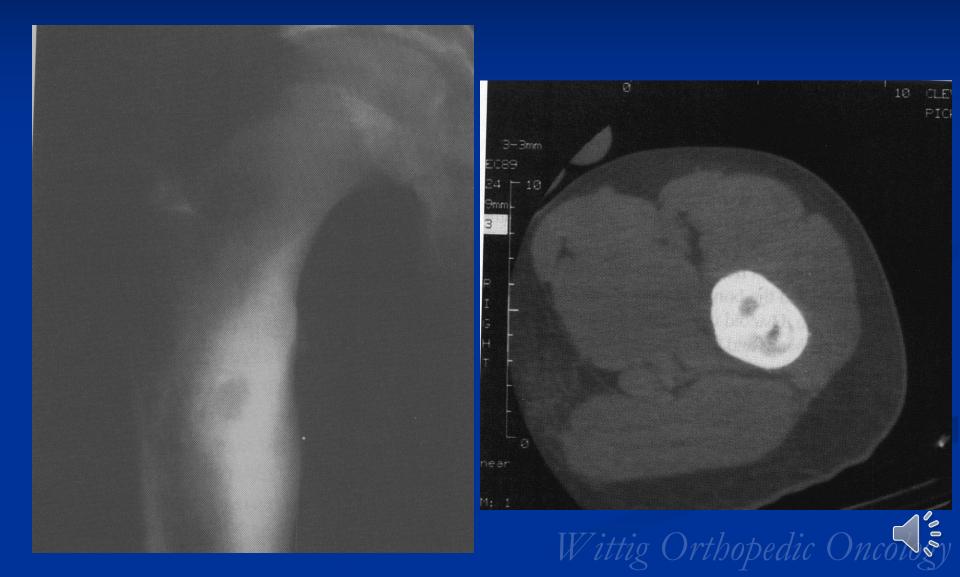
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- Spine Lesion
- Posterior Elements
- Geographic Pattern of Bone Destruction (Probably benign)
- Internal Mineralization indicative of bone producing or cartilage producing tumor



#### Osteoblastoma





- Small Cortical Lesion
- Geographic pattern of Bone Destruction
- Extensive Surrounding Sclerosis
- Buttressing Periosteal Reaction (Benign Periosteal Reaction)
- Internal Mineralization



#### **Osteoid Osteoma**





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- Central, Diaphyseal Lesion
- No Periosteal Reaction
- No Cortical destruction
- Calcifications in a Ring and Arc Like Manner

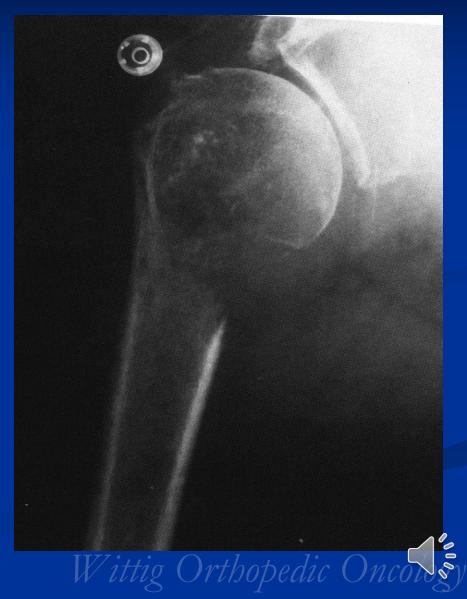


#### Enchondroma

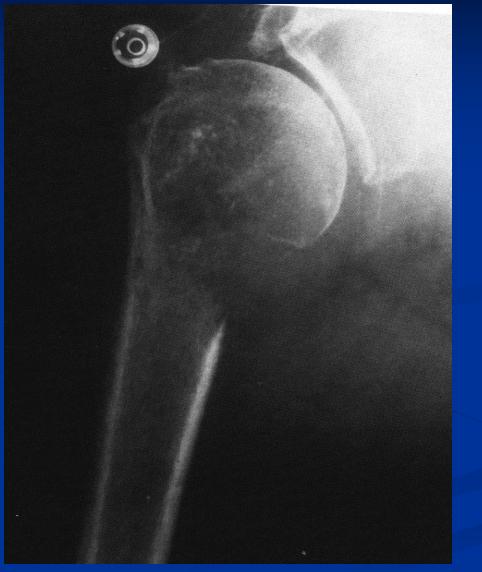




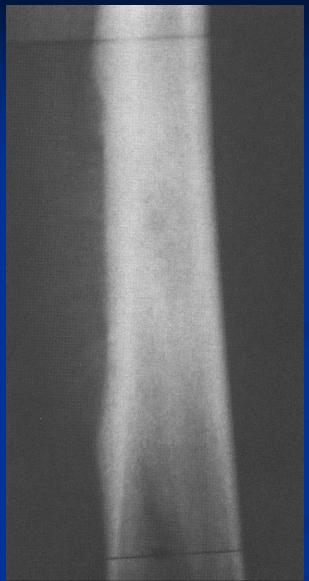
- Metaphyseal Eccentric Lesion
- Permeative Lesion (Malignant)
- Cortical Destruction
- Calcifications in a Ring and Arc Manner indicative of a cartilage tumor



#### **Dedifferentiated Chondrosarcoma**



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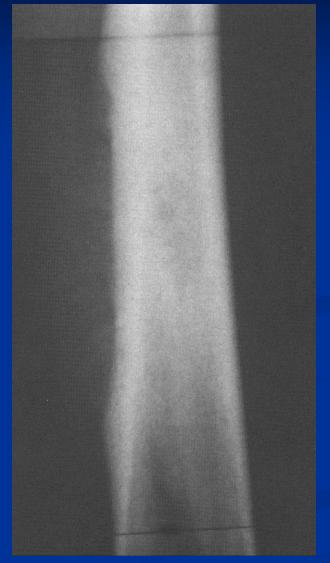




- Permeative Pattern of Bone Destruction
- Diaphyseal
- Cortical penetration
- Hair on End Periosteal Reaction
- No Internal Mineralization (probably not bone or cartilage producing)
- Malignant Appearing



# Ewing's Sarcoma









- Metaphyseal, Central lesion
- Permeative Pattern of Bone Destruction (malignant)
- No Internal Mineralization (probably not cartilage or bone producing—no visible matrix)
- No Periosteal Reaction
- Malignant Appearing



#### Fibrosarcoma of Bone







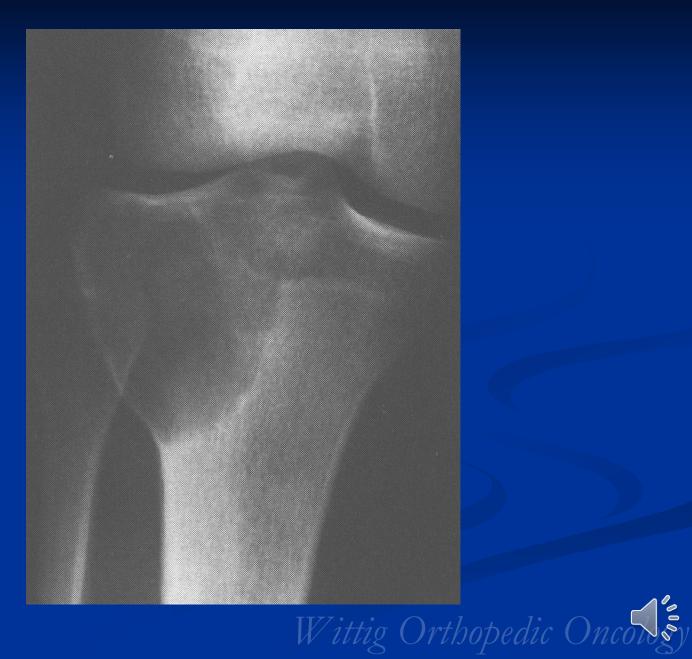
- Central Lesion
- Geographic Pattern of Bone Destruction (Benign Appearing)
- Metadiaphyseal
- Bone is Expanded (Benign Periosteal reaction)

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- No Internal Mineralization (Probably not Cartilaginous or Bone Producing)
- Ground Glass Appearance

### Fibrous Dysplasia



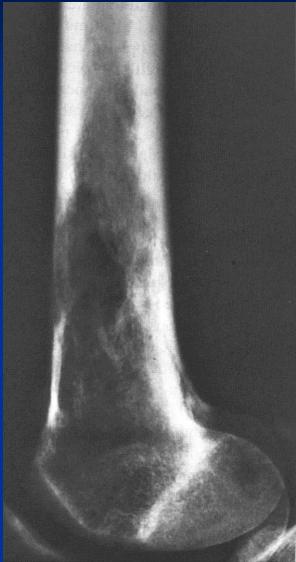


- Eccentric Lesion
- Metaphyseal with Epiphyseal Extension
- No Internal Mineralization
- Cortex is Thinned and Slightly Expanded
- Thin, Incomplete Sclerotic Margin (Type IB)
- Benign Appearing



### Giant Cell Tumor





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- Metadiaphyseal Lesion
- Motheaten and Permeative (Malignant Appearing)
- No Internal Mineralization
- Cortical Destruction
- No Periosteal Reaction



### Malignant Fibrous Histiocytoma of Bone





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- Central Location
- Metaphyseal
- Multiloculated
- Geographic
- Bone is Expanded
- Skeletally Immature
- No Mineralization
- Benign Appearing

# Unicameral Bone Cyst





- Eccentric/Cortical Lesion
- Metaphyseal
- Geographic pattern of Bone Destruction
- Well Circumscribed (Type IA Margin: Indolent)
- No Internal Mineralization
- Bone has Expanded Contour
- Benign Appearing



## Nonossifying Fibroma







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- Geographic, Central Lesion in a Phalange
- Lobular Growth Contour with Endosteal Erosion
- Punctate calcifications (arrows)--Cartilaginous
- Appears Benign



#### Enchondroma



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- Cortical based, Geographic Lesion in Tibia
- Extensive Sclerotic Margin
- Tibial bowing



#### **Osteofibrous Dysplasia**





- Permeative/Moth Eaten Lesion (Malignant)
- Eccentric, Metaphyseal
- Ossification Present within Neoplasm
- Codman's Triangle
- Skeletally Immature; Spares Growth Plate
- Cortical Destruction
- Appears Malignant and is Producing Osteoid



#### Osteosarcoma



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# **Thank You!**

